

The Leg Wiggle

This is a short and fun opener with an RGB purpose.

Leg rotating clockwise, finger creates a counterclockwise motion. What happens?

The brain involuntarily starts the leg in the opposite direction resulting in confusion. Participants laugh. They look puzzled and do not expect things to have turned out that way. Simple, yet surprising.

Few people ever doubt that with practice they could achieve two separate movements contrary to their initial experience and we agree that with practice the automatic tendency can be overcome. In fact, our RGB Technology depends on it. We all have primary Red, Green, or Blue dominant thinking patterns and our behavior is largely determined by these patterns. Yet when the situation demands that we alter our patterns and the resulting behavior, it is often difficult until we practice it and create a new pattern that can become equally automatic.

For example, if you are a primary Blue thinker, you need to develop the Green and Red thinking patterns so that you can apply them, at least temporarily, to conditions that demand those talent multipliers. Of course all colors must become equally adaptable.

The RGB Foundational Workshop provides some added insight into the need for these adaptive skills. For example, we all have a set of skills that are relatively unique with talents that compliment those skills. The greater the compatibility between our skills and our RGB natural talents the more effective we become. Yet none of us work in isolation, and rarely do we work solely with others that think the same.

In fact, our organizational strengths come from strong thinkers in all three colors that challenge each other into creating the very best result possible. One of our most important findings in the last three decades has been that our strengths often irritate others. A basic truth seems to be that when we offer the best we have to offer, it may annoy someone who thinks differently. This often gets in the way of highly productive collaboration in two ways: 1) we tend to avoid people who irritate us, and 2) we often engage in unhealthy competition. This degrades the very collaboration we intend to accomplish.

If the presence of rapport (the idea that someone else is the same or similar to me) is the gateway to influence, and influence is part of the collaboration process, then it follows that we must learn to be similar in thought patterns of those we intend to engage in a collaborative process. It also means that we must be as open to other's thoughts as we want them to be open to ours. RGB provides a means to reach out as well as a means of being reached. If all those who participate in a collaborative process understand the RGB patterns and can stretch to use those patterns openly and with a win/win result in mind, collaboration becomes achievable.

So, like learning to rotate your leg in one direction and your finger in the opposite direction we must learn to think in ways that are unnatural to us. This doesn't mean faking it. Rather, it means simply learning to expand the use of our secondary and tertiary RGB colors.



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